



ISO 9001:2000
Reg No: 1035

Halal Guide[®]

G.P.O. Box 3906, Sydney, NSW 2001

Tel +61 2 9232 6731 – Fax + 61 2 9223 8596 – Email: info@halalhelpline.org

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AIRLINE CATERING

All airlines are able to supply Halal meals on request throughout Australia and on international flights leaving Australia.

ANIMAL FAT

ALBA INDUSTRIES
Tallow

ASIAN SAUCES

ASIAN FOODS AUSTRALIA

Chilli Garlic Sauce
Curry Laksa Paste
Kimchee No Moto
Malaysian Satay Sauce
Sambal Badjak
Sambal Blachan
Sambal Oelek
Sambal Tumis

BABY BISCUITS

HEINZ
Bilingual Teething Rusk
Kids Cheesymite Breadsticks
Plain Teething Rusk
Vegetable Teething Rusk
Toddler Cheese Breadsticks

BABY CEREALS

BOOTS
Farex Blended infant cereal
Farex biscuits with apple juice

HEINZ
High Protein Cereal
Mixed Cereal
Rice Cereal

BABY CUSTARDS

HEINZ
Banana Custard
Chocolate Custard
Egg Custard
Fruit Custard

BABY FORMULAS

ALL BRANDS

BABY FRUITS

HEINZ
Apples
Apricot & Rice
Fruit Salad
Peach & Apple
Peaches
Pears
Tropical Fruit

BABYGELS

HEINZ
Apple Gel
Apple & Blackcurrant Gel
Cherry Gel
Fruit Salad Gel
Kiwi Fruit Gel

Orange Gel
Rosehip Gel
Tropical Fruit Gel

BABY JUICES

DELROSA
Blackcurrant & Rosehip Juice
Orange & Rosehip Juice

GERBER

Blackcurrant Juice
Grape Juice
Orange Juice
Tropical Fruit Juice

HEINZ

ABC apple & blackcurrant
Juice concentrate
Apple Juice
Apple & Blackcurrant Juice
Apple & Rosehip Juice
Orange Juice
Peach & Apple Juice
Pineapple Juice
Tropical Fruit Juice

BABY PAIN KILLERS

ALL BRANDS

BABY VEGETABLES

HEINZ
Mixed Vegetables

BABY YOGHURT DESSERTS

HEINZ
Apple Yoghurt Dessert
Apricot Yoghurt Dessert
Banana Yoghurt Dessert
Fruit Salad Yoghurt Dessert
Orange Yoghurt Dessert
Peach Yoghurt Dessert
Pineapple Yoghurt Dessert

BAKING POWDERS

All Brands

BISCUITS - SAVOURY

Also see CRISP BREADS & RICE CRISPS

ARNOTT'S

Cheese Bites
Country Grain
Crackerbread
Ryvita Cracked Pepper
Ryvita Original
Ryvita Dark
Ryvita-N.A.S.
Ryvita-Sesame Dark
Ryvita-Sesame White
Sangers Cheese & Onion
Sangers-Cheese
Wheat'n'Bran
Wholewheat & Rye

BISCUITS - SWEET

EMU BOTTOM HOMESTEAD
Anzac Biscuits with Wattle Seed

Anzac Biscuits with Lemon Aspen
FINE FARE
Choc Mint
Dark Wheats
Milk Wheats

BLEACHES

All Brands

BREAD

SEE GARLIC BREAD
Organic bread from health food shops,
Greek Pita, Turkish Pide, Lebanese
bread, and hot bread shops are
acceptable.
ALL BRANDS

BREADCRUMBS

ALL BRANDS

BURGERS

UNCLE HARRY'S NATURAL FOODS
Uncle Harry's Natraberger

BUTCHERS

A list of Halal butchers is available for
all states

BUTTER

ALL BRANDS
Salted
Unsalted

BONLAC
Garlic Butter
GHEE

DEVONDALE
Dairy soft
MURRAY GOULBURN
Dairy Soft
Extra Soft

BUTTERMILK

ALL BRANDS

CAKES

See PASTRY

REAL TURKISH DELIGHT
1/3-5 Station St, Auburn NSW
Chocolate
Cakes
Turkish Delight

CATERING

See Airline Catering

CEREALS - BREAKFAST

GREENS
All varieties
PRO VITA
Bran
Lecithin Meal
Wheat Hearts

SANTARIUM

Bran Mix
Bran Cereal
Cornflakes
Fruity Bix
Fruity Delight Muesli
Good Start
Granola
Golden Toasted Muesli
Granola
Granose
Honey Weets
Light N Tasty
Lite Bix
Muesli
Puffed Wheat
Ricies
Soy Tasty
San Bran
Unsweetened Muesli
Up and Go
Weet Bix
Weet Bix Hi-Bran
Weet Bix Plus Oat Bran
Weeta Flakes
Wheat Germ

UNCLE TOBY'S

Crunchy Oat Bran
Crunchy Oat Bran Plus Oat Bran
Flakes
Crunchy Oat Bran With Fruit
Crunchy Oat Flakes
Instant Porridge
Oat Bran
Oats
Oats High Fibre
One Minute Oats
Rice Crispies
Vita Brits
Weeties
Weeties With Fruit & Nuts

NATIONAL FOODS

B-Fast Breakfast Cereal

CEREALS & GRAINS

All Brands

CHEESE

BEGA NATURAL CHEESE

Bar-B-Cubes
Cream Cheese
Extra Tasty
Mild
Mozzarella
Mozzarella Shred
Pizza Cheese Block
So Light
So Light Shred
So Light Tasty Slices
So Light Vintage
So Light Vintage Slices
So Light Tasty Grated
Natural Cheese Fingers
Strong & Bitye
Strong & Bitye Slices
Tasty
Tasty Grated
Tasty Shred

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<p>Tasty Slices Heritage Natural Vintage BEGA PROCESSED CHEDDAR 97% Fat Free Burger Slice Cracked Pepper Slice Coloured Burger Slices PCC Can Processed Block Sandwich Slices Slices Plus Calcium Slices Plus Omega 3 So Light Slices Super Slices Super Slim Thick'n'Tasty Slices</p> <p>BONLAC Cheddar Cream Cheese Pecorino Parmesan Mozzarella Mozzarella Type Cheese Ricotta Rindless Cheddar Cheese</p> <p>BODELLA CATERS SPECIAL CHEF'S CHOICE Cheddar Block Natural Tasty Slices Burger Slices Caterers Slice IWS</p> <p>DAIRY FARMERS Cottage Cheese Chives & Onions Gherkins Low Fat Reduced Salt Pineapple Plain</p> <p>DEL RE Black jack Cheddar Blackjack Mature Cheddar Black Jack Monterey High Melt Black Jack Red Cheddar Black Jack Vintage Cheddar Hidden Valley tasty Hidden Valley Vintage</p> <p>FLORIDIA CHEESE Mozzarella Pecorino Ricotta</p> <p>GRAND CHOICE HABERFIELDS DAIRY Australian Rindless Swiss Mild cheddar Pizza Cheese Reduced Fat Cheddar Ricotta Tasty Cheddar Tasty Green Waxed Vintage Cheddar Vintage Black Waxed Aussie Swiss Coloured Cheddar Emmental</p>	<p>Golden Brie Gruyere Mungabareena Raclette Suisse Vale Tilsit</p> <p>HILLWOOD CHEESES Fetta Cheese – Cow Fetta Cheese - Goat</p> <p>KING ISLAND DAIRIES Cape Wickham Double Brie Clover Creek Brie Admiralty Blue Bass Strait Blue Crème de la Creame Endeavour Blue Lighthouse Blue Roaring Forties' Blue Stokes Point Stormy Washed Rind Surprise Bay Surprise bay Black label Camembert Cream Pure Crème Fraiche Pizza Cheese South Cape Brie Cheese Brie Cheese Peppered</p> <p>LACTOS Cradle Valley Longlife Cradle Valley Onion Cradle Valley Pepper Cradle Valley Prawn Cradle Valley Salmon Cream Cheese Domaine Deep Blue Domaine Red Square Domaine Sunrise Domaine White Diamond Flag Pack Heritage Camembert Heritage Brie Heritage True Blue Lactos Edam Lactos Gouda Neufchatel (Plain) Neufchatel Chocolate Neufchatel Strawberry Rindless Swiss St Claire Swiss</p> <p>MAMMA LUCIA Bocconcini Caciocavallo Chilli Pecorino Fetta Fior di Latte Haloumi Mascarpone Milk Cherries Mozzarella Ovoline Parmesan Parmesan Grated Pecorino Pecorino Fresh Pecorino Grated Pecorino Pepato</p>	<p>Ricotta Ricotta Smooth Stracchino Trece</p> <p>MAINLAND PUGLIA Bocconcini Caciocavallo Chilli Pecorino Fetta Fior di Latte Haloumi Mascarpone Milk Cherries Mozzarella Ovoline Parmesan Parmesan Grated Pecorino Pecorino Fresh Pecorino Grated Pecorino Pepato Ricotta Ricotta Smooth Stracchino Trece</p> <p>TABLE CAPE WEIGHT WATCHERS Cottage Cheese With Low Fat Dressing</p> <p>KRAFT All cheese except Fromais</p> <p>NORCO All Cheese Products</p> <p>QUEENSCO UNITY All Cheese products</p> <p>CHEESE CAKE FILLING NATIONAL FOODS Pour N Chill</p> <p>CHEWING GUMS WRIGLEY'S EXTRA Extra White EXTRA FOR KIDS Berry</p> <p>HUBBA BABBA Strawberry</p> <p>JUICY FRUIT Citronic Strappleberry</p> <p>PK Blue</p> <p>CHICKEN-FRESH Buy from your trusted butcher.</p> <p>ADELAIDE POULTRY BAIADA POULTRY BARTTER ENTERPRISES STEGGLES (not in QLD) NERANG POULTRY</p> <p>CHICKEN-FROZEN See CHICKEN-FRESH</p>	<p>CHICKEN-PREPARED Buy from your trusted butcher.</p> <p>CHIPS-POTATO See crisps - potato</p> <p>CHOCOLATE CONFECTIONS CADBURY After Dinner Mints Bittersweet Black Forest Block Boost Brazil Nut Block Breakaway Butter Scotch Cad Chalet Fujiya Cadbury Choc Gummies Cadbury Cocoa Cadbury Flake Gift Box Cadbury Gold Liquid Cadbury Heritage Millennium Block Caramello - Village Caramello Koala Caramello Roll Cashew Block CDM - Village CDM 'Pictorial' CDM "AFL" Multipack CDM AFL Block 'Best of the Best' CDM AFL Multipack 'Best of the Best' CDM Christmas Story Block CDM Chunky CDM Egg Milk Liquid CDM Foot Block CDM Freddo Frog CDM Freddo W&G CDM Garnish Flake CDM New Graphics CDM Refiner Powder Chalet - Crunch Chalet - Crunchie WA Chalet - Crunchie WA Chalet - Freddo WA Chalet - Tempo Chalet - Tempo WA Chalet - Wedge WA Chalet Gold Chalet Jazz Pail WA Chalet Tempo - Claremont Cocoa Mass Continental Buttons Cooking Dark Chocolate Country Mint Crumb Crunchie Dairy Milk Dairy Milk Block Dairy Milk Foot Dairy Milk S'pack Dark Garnish Flake Delight Chips Eclipse Buttons EE Tablets Energy Energy Max Gem</p>
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<p>English Fudge Ferry Friends Flake Bar Flake Pieces - Bulk Flake Sharepack Bag French Nougat Fruit & Nut Fruit & Nut Block Fruit & Nut Village Giant Basket Half Flake Happy Easter Casket Hazelnut Block Hazelnut Caramello Heart Casket Honey Comb Crisp Jelly Freddo Mixed Berry Jelly Orange Freddo Marble Mega Yowie Rumble Milk Choc Buttons Milk Chocolate Egg Milk Cooking Chocolate Milk Garfield Milky Top Freddo Milky White Block Milky White Buttons Milky White Freddo Miniatures Mixed Berry Freddo W&G Mt Hazelnut Whirls Old Gold Buttons Old Gold Chips Old Gold Drops Old Gold Roast Almond Orange Jelly Freddo W&G Peanut Brittle Pearl Compound Buttons Peppermint Truffle Polar Milk Raspberry Cream Roast Almond Block Roasted Almond Roses Hazelnut Caramel Roses Hazelnut Whirl Sienna Buttons Strawberry Cream Success Buttons Time Out Top Deck Top Deck Block Top Deck Pieces Tropical 'Summer Sensation' Turkish Delight Twirl Wheaten Milk Whirls White Garnish Flake Wild Raspberry Jelly Freddo Yowie</p> <p>MARS "M&M's" Crispy "M&M's" Milk Chocolate "M&M's" Minis Chocolate "M&M's" Peanut Milk Chocolate</p>	<p>ALMONDITES BOUNTY Bar (all varieties) DOVE Caramel Chocolate DOVE Hazelnut DOVE Heavenly White DOVE Milk Chocolate MALTESERS (all varieties) MARS Almond MARS Bar MARS Dark MARS Lite MILKY WAY (All Varieties) PODS Mars PODS Peppermint PODS Snickers PODS Twix SKITTLES SKITTLES Tropical SNICKERS Bar SNICKERS Cruncher Bar TWIX Bar</p> <p>REAL TURKISH DELIGHT Hand Made Chocolates Turkish Delight</p> <p>RED TULIP After Dinner Mints Chocolate Raisins Coconut Roughs Fruit Jellies Fruit & Nut Assortment Ginger Jelly Milk Chocolate Sultanas Peanut Clusters Peppermint Creams Scorched Almonds Scorched Peanuts Turkish Delight</p> <p>NESTLE Aero Bar Aero Peppermint Aero White Peppermint Crisp S.O.S Smarties</p> <p>SWEET WILLIAM Cane Sugar Free Original Rice Crackles Roasted Almond</p> <p>CHOCOLATE - COOKING CADBURY Bournville Cooking Chocolate Dark Cooking Chocolate Milk Cooking Chocolate White Cooking Chocolate</p> <p>CHOCOLATE - DRINKING See DRINKS MIXES</p> <p>CLEANERS - FRYPAN Hi-Speed Cookware Cleaner</p> <p>CLEANERS - OVEN Down To Earth Oven Cleaner</p>	<p>Hi-Speed Cookware Cleaner Hi-Speed Non-Caustic Oven Cleaner Hi-Speed Oven Cleaner Mr Muscle Oven Cleaner Oven Brite</p> <p>CLEANERS - SILVER GODDARDS All Products</p> <p>CLEANERS - SURFACE AJAX All Products Bon Ami Ezi-Clean Handy Andy Pink Handy Andy White Herbon Multi-Surface Spray Cleaner Jex Without Soap Jif Mr Muscle All Purposes Mr Sheen Pure Multi-Surface Cleaner Vim</p> <p>COCOA CADBURY Bournville Cocoa</p> <p>COCONUT - DESSICATED All Brands</p> <p>COFFEE SUBSTITUTES ALTERNATIVES Alto CARO All Varieties HEALTH FOODS SUPPLIERS Perform Taxico SANITARIUM Caffex TAXICO Dandelion</p> <p>COFFEE WHITENERS NESTLE Coffeemate</p> <p>COFFEES GROUND All Brands</p> <p>COFFEE INSTANT All Brands</p> <p>COLOURINGS - FOOD AEROPLANE Blue Egg yellow Green Orange Red Rose Pink Violet CURRY MASTERS Chinese Red Green</p>	<p>Saffron Tandoori</p> <p>CONFECTIONER CANDY LANE Barley Sugar Grannies Original Buttered Candy Oldtime Butterscotch</p> <p>DOUBLE D Eucalyptus Eucalyptus & Honey</p> <p>SNOW CONFECTIONERY Chocolate Eclairs Coffee Eclairs Grannies Butterscotch Grannies Original Buttered Candy Hazelnut Eclairs Licorice Eclairs Peppermint Eclairs</p> <p>CONSERVES BUDERIM Ginger Marmalades</p> <p>CADBURY Roses Marmalade</p> <p>COTTEES All Conserves</p> <p>COUNTRY HARVEST Fruit Spreads</p> <p>FARMLAND All Conserves</p> <p>MONBULK All Conserves</p> <p>QUALITY FOODS Fruit Spreads</p> <p>WEIGHT WATCHERS Low Joules Jams/Marmalades</p> <p>YATES Apricot Jam Blackberry Jam Plum Jam Raspberry Jam Strawberry Jam Orange Marmalade</p> <p>CORN CHIPS ROSITAS All products</p> <p>COSMETICS Products from the following companies are acceptable and available from some health food stores: A Fragrant Affair Ahimsa Anastasia Aloe Vital Andre Duvani Aquarius Auroma Australian Melaluca Australian Wildflower Incense & Perfumes Avory Shlain Barry M Beauty Without Cruelty Cosmetics</p>
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Big Bubble Biokosma Blackmores Body Essentials By Natalie Body Shop Range Bosistos Eucalyptus Crest Rub Bosistos Parrot Brad Eucalyptus Oil Brigs Herbal Cream Brot Bodyline Caring Cenovis Skin Care Range Classics Clover Fields Comvita Completely Natural Cosmetics Creightons Cruacel Natural Cosmetics Dallyence Cosmetics De Lorenzo Natural Hair Cosmetics Desert Essence Dial Dragon Wisdom Dr Bronner's Catile Liquid & Bar Soap Dr Hauschka Skin Products Ecol Products Els Cosmetics Elsha Lander Products Emeis Evanol Hair Dyes Ever Bilena Cosmetics Everyday Rainwater Soft Shampoos & Conditioners Evoke Euky Bearub Floris Of London Toiletries Fragrant Delights Geisha Cosmetics Genetix Goanna Salve Ointment Golden Wattle Grace Cosmetics Greenridge Botanicals Healthways Holdings (Nz) Helen Helms Natural Skin Care Herbon Products Hoffels Hytonsa Iguana Rubbing Lotion In Essence Products KMS Professional Haircare Products L'arome Le Crystal Natural Deodorant Luminance Meltone Products Montagne Jeunesse Monastique Products Moritz (Nature's Sunshine) Mudgee Honey Co Natalie Natural Oil Workers Co-Op Naturals Nature's Earth Massager & Essential Oils Nature's Fruit	Nature's Herbe Nutrimerics Nature Spirit Om Products Organics Passion Incense Paul Penders Cosmetics Pricilla Clarke Natural Skin Care Puren Rainbow Herbe & Flower Remedies Rambildeene Farm Recherche Farm (Qld Only) Red Earth Rivendell Farm Rose Of Lillies Rosewood Oils & Lotions Sandy's Natural Herbal Products Sancium Pure Body Products Sharyss Products Sensual Delights Products Shahnaz- Herbal Soma Sani Sonning Wildflower Beeswax Cream Spiritual Sky/Bare Nature Sun Art Aromatic Oils Sunspirit Swami Sarasvati Tao Aromassage Oils Tasmanian Soap & Toiletries The Body Shop The Clay Company The First Aust. Organic Oil The Oil Garden Thursday Plantation Products Tiki Products Tinderbox Products T L'arbe TLC Toms Tri-Natural Tri-Nature Tru-Alo Trully Natural Wattle Creek Herbal Products Weleda West Stuff Lubricant Wildcraft <u>CREAM-FROZEN</u> BONLAC BURRA NORCO <u>CREAM - PLAIN</u> DAIRY FARMERS Plain Cream HABERFIELDS Pure Cream Rich Cream Sour Cream KING ISLAND All Types MURRAY GOULBURN Double Cream NATIONAL FOODS	All types NESTLE Plain Cream Reduced Cream PETERS Plain Cream UNITED DAIRIES Cream Plain Plain Thickened Cream Thick Cream <u>CREAMS, SOUR</u> DAIRY FARMERS Sour Cream Sour Lite Cream HABERFIELDS DAIRY Sour Cream JALNA Leben Sour Cream MURRAY GOULBURN Sour Light Cream PETERS Sour Cream UNITED DAIRIES Light Sour Cream Sour Cream <u>CRISPBREADS</u> RYVITA Crispbread Dark Rye Crispbread High-Flier Crispbread No Added Salt Crispbread Original Whole Rye Crispbread Sesame Crispbread Whole Rye. No Added Salt <u>CRISPS - POTATO</u> SAMBOY Barbeque Chips Salt & Vinegar Chips Tomato Sauce Chips SMITH'S Barbeque Flavoured Chilli Country Kettle Chips Classic Old Style Slow Cooked Country Kettle Chips Extra Lites Lightly Salted Thin Sliced Chips French Fries Crunchy Straws Less Oil Lightly Salted Crinkle Cut Lites Lightly Salted Thin Sliced Lites Salted & Vinegar Flavoured Original Crinkle Cut Traditional Salt & Vinegar THE REAL McCOY Cheese & Chives Chips Cheesters Salt & Vinegar Chips Salted Chips Smokey BBQ Chips <u>CUSTARD POWDER</u> See BABY CUSTARDS	BINGO Custard Powder FOSTER CLARKS Custard Powder KING Custard Powder SAVINGS Custard Powder UNCLE TOBY'S Custard Powder <u>CUSTARD PREPARED</u> See BABY CUSTARDS DAIRY FARMERS Dairy Custard Vanilla Longlife UHT Vanilla HABERFIELDS Dairy Custard MURRAY GOULBURN Longlife Custard Longlife Dairy Custard <u>DETERGENTS - DISHWASHING</u> HAND: Add Concentrate Caring Dishwashing Liquid Down To Earth Dishwashing Liquid Fab Liquid Kit Liquid Kwit Lux Liquid Palmolive Gold Palmolive Liquid Palmolive Lemon & Lime Puren Dishwashing Liquid Scotts Bio Detergent Scotts Concentrate Sunliquid Swerl Trix U-Mix Concentrate MACHINE: Care +8 Castle Powder Castle Rines Dishlex Rinse Finish Lemon Powder Finish Liquid Finish Liquid Lemon Finish Powder Finish Rinse Harbon Automatic Dish Washing Powder Puren Automatic Dishwashing Powder Puren Rinse Aid <u>DETERGENT - LAUNDRY</u> ALL BRANDS <u>DIPS</u> AVANTE PREMIUM DIPS Chilli Crab Crab with Corn & Spring Onion Green olives & Semi Dried Toms
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Smoked Barramundi with Dill	Chargrilled Capsicum Chive & Garlic Corn Relish Spring Onion	SUNGOLD Soy Drink	FISH - FRESH All fresh water and sea creatures
COPPERPOT Arabian Hommus Artichoke & Parmesan Avocado Baba Ghanoush Beetroot Cheese & Chives Chives & Garlic Corn Relish French Onion Gherkin Green Olives Guacamole Hommus Kalamata Hommus Lemon/Corriander Hommus Moroccan Hommus Prawn & Crab Roasted Capsicum R/Pepper & Semi Dried Tomatoes Skordalia with Poppyseed Smoked Salmon Sour Cream & Chives Spinach & Onion Sundried Tomato Sweet Chilli Taramasalata Tzatziki Zesty Rggplant	DISINFECTANTS All Brands DRINK MIXES BRISTOL-MYERS Sustagen Gold CADBURY Bournville Cocoa Drinking Chocolate COTTEES Quench Lemon Saline Lemon Tang Orange HORLICKS Malted Food Drink KIWI BRANDS Akta-Vite MEAD JOHNSON Sustagen Sport Chocolate Sustagen Sport Vanilla SUNRIPE Drink Crystals SUPERIOR Cocoa WANDER Chocolate Time Extra Ovaltine	DRINKS - SYRUP CASCADE Blackcurrant Syrup Low Joule Blackcurrant DELROSA Blackcurrant & Rosehip Syrup With Sugar Orange & Rosehip Syrup With Sugar DONCASTER Blackcurrant Syrup Loganberry Syrup Morello Cherry Syrup Raspberry Syrup RIBENA Blackcurrant Syrup EGGS - FRESH All Brands EGGS - FROZEN GOLDEN EGG FARMS PACE FARM EGGS - PULP GOLDEN EGG FARMS PACE FARM ENERGY BARS FUTURE BAKE Almond & Apricot Almond & Nut Cocktail Assorted Nut Bars Date & Walnut Delight Macadamia & Apricot Sesame & Pepita Yoghurt Coated Almond & Apricot Yoghurt Coated Fruit & Pecan	FISH - FROZEN All plain fillets and whole fish are acceptable, breaded, battered and fish with sauce are not always acceptable. EDGELL-BIRDSEYE Bubble'N' Squeak Crumbed Natural Shaped Fish Fillets Crunchy Potato Fish Fillets Deep Sea Dory Crumbed Fish Fillets Fish & Lemon Burger Fish Burger Fish Cakes Fish Fingers Halal Fish Fingers Herb & Garlic Fish Fillets Junior Crumbed Fish Fillets Lemon Crumbed Fish Fillets Lightly Battered Fish Fillets Original Crumbed Fish Fillets Original Crumbed Fish Fillets Value Pack Tangy Salt & Vinegar Fish Fillets FARMLAND Fish Fingers HOMEBRAND Battered Fish Portions Crumbed Fish Portions SEALORD Calamari in a Crisp Golden Crumb Deep Sea Dory Fillets in a Lemon Pepper Crumb Deep Sea Dory Fillets in a Light Crispy Crumb Deep Sea Dory Fillets in a Tasty Cheddar Crumb Hoki Fillets in Tempura Butter Hoki Fillets in Tasty Bread Crumb
CHUNKY PESTO STYLE RANGE Artichoke, Cashew & parmesan Basil, Cashew & parmesan Chunkie Black Olive Chunkie Guacamole Chunkie Hommus with Kalamata Chu/ Mango & Corn Coconut Curry Chunkie Moroccan Hommus R/Pepper, Cashew & Parmesan	DRINKS - CARBONATED All brands of carbonated plain and flavoured drinks including Grape Juices are acceptable. Drinks described as alcohol free do contain small amounts of alcohol and therefore unacceptable. DRINKS - CORDIALS All flavours from all brands DRINKS - SOFT See Drinks - Carbonated DRINKS - SOY BERRI Soypreme Natural Soypreme Vanilla JALNA All Flavours SANITARIUM So Good So Good Chocolate So Good Essential So Good Fat Free So Good Honeycomb So Good Lite So Good Plus So Good Soyaccino So Good Strawberry So Good Vanilla So Good Smoothie Banana So good Smoothie Mango	ESSENCES AEROPLANE Almond Banana Caramel Chocolate Coconut Deluxe Imitation Vanilla Imitation Vanilla Lemon Orange Parisienne Passionfruit Peppermint Pineapple Pure Vanilla Raspberry Strawberry MC LINTOCK Almond Coconut Peppermint Vanilla Essence.Imitation	FISH - SMOKED AQUATAS All products TASSAL All Products FISH - TINNED All brands in brine or vegetable oils are acceptable. FLOUR ALL BRANDS: Arrowroot Buckwheat Carob Cornflour Gluten Gluten Free Maise Pea Plain Potato
DOUBLE DIP RANGE Cheese & Chives/S/Salmon Chilli Crab/Spring Onion Chives & Garlic/Roasted Capsicum French Onion/Cheese & chives French Onion/Sundried Tomato Gherkin/Sweet Chilli Hommus/Tzatziki R/Red Pepper/Artichoke& Parmesan Roasted Capsicum/Corn relish Zesty Eggplant/Green Olives			
SPREADS: Garlic butter Herb Butter			
TAKE 2 RANGE Garlic Prawn & Avocado Mayo Chilli Crab & Spring onion Fire Roasted Pepper & Basil pesto Guacamole & salsa			
LUNCH N GO French Onion with Grissini Hommus with Pita Bread Slims capsicum with Grissini Tzatziki with Pita Bread Zesty Eggplant with Pita Bread			
SLIMS			

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<p>Rice Self-Raising Soy Wholemeal</p> <p>FLAVOURING MASSEL Bouillon Cubes Bouillon Powders</p> <p>VEGETA Gourmet Stock Powder Seafood Stock Powder Chicken Stock Powder</p> <p>FRUIT - FRESH All varieties.</p> <p>FRUIT - DRIED All varieties from: ANCHOR ANGUS ARNOTTS ETA DESSERT MAID (except Brandy Prune) FARMLAND MACQUARIE FOODS NATYURA SANATARIUM SUNBEAM SUNNY BOY</p> <p>FRUIT - FROZEN All varieties</p> <p>FRUIT - GLACE BIG SISTER Glacé Multi Cherries Glacé Red Cherries</p> <p>ROBERN SUNNYBOY TOORAVALE Apples Apricots Grapefruit Figs Kiwifruit Lemon Nectarines Orange Orange Peel Peaches Pineapple Quinces</p> <p>TOM PIPER Dried Bakers Peel Glacé Cherries Glacé Cherries Multicoloured Mixed Peel WINN Cooking Ginger Crystallised Ginger Glacé Cherries Glacé Ginger Golden Ginger</p>	<p>Mixed Peel</p> <p>FRUIT JUICE CONCENTRATES All brands</p> <p>FRUIT JUICE DRINKS All brands</p> <p>FRUIT JUICE All brands of: Pure Fruit Juices 100% Fruit Juices Fresh Squeezed Juices Fruit Juice Drinks</p> <p>FRUIT - TINNED ARDMONA All Fruits COTTEES Fruit Snacks Apple Apple Peach Apple Pineapple Fruit Salad Pear GOLDEN CIRCLE All Fruits Apple And Cinamon Puree Apple Puree Pear Puree Fruit Puree MOUNTAIN MAID All Fruits ORCHARD Mango Pulp Passionfruit Pulp SPC All Fruits WEIGHT WATCHERS All Fruits</p> <p>GARLIC BREAD AGB INTERNATIONAL SAVINGS HOME BRAND ALDI WAGLE BOYS PIZZA HUT DOMINOS</p> <p>GELATINE See BABY GEL & JELLY LEINER DAVIS HALAL GELATINE Only from Christchurch, New Zealand with the Halal logo of NZIMM on the pack. Products listed here and containing Gelatine are approved. Other products containing gelatine even if marked "Halal" are not approved. Use Agar, Vegetable, gums or Isinglass.</p> <p>GRAVIES MASSEL Gravies</p>	<p>HERBS & SPICES All BRANDS Allspice Pimento Whole Allspice Pimento Ground Anise Whole Anise Ground Anised Star Basil Sweet Bay Leaves Bouquet Garni Caraway Seeds Cardamom Pods Cardamom Powder Cardamom Seeds Cayenne Pepper Celery Salt Celery Seeds Chilli Crushed Chilli Freshly Chopped Chillies Ground Chilli Whole Chives Chopped Cinnamon Ground Cinnamon Whole Coriander Powder Coriander Seeds Curry Powder Madras Dill Seeds Fennel Seeds Fennel Powder Fenugreek Seeds Fenugreek Powder Five Spice Powder Garam Masala Garlic Flakes Garlic Mince Garlic Powder Orach Salt Ginger Powder Juniper Berries Mace Ground Marjoram Mint Mixed Herbs Mixed Spice Monosodium Glutamate (M.S.G.) Mustard Powder Nutmeg Ground Nutmeg Whole Onion Flakes Onion Powder Onion Salt Oregano Paprika hot Paprika Sweet Parsley Flakes Pepper Black Corns Pepper Black Cracked Pepper Black Powder Pepper White Corns Pepper White Powder Pepper Corns Green Pickling Spice Poppy Seeds Rosemary Saffron Powder Saffron Strands</p>	<p>Sage Seasoned Salt Sesame Seed Tarragon Thyme Turmeric Powder Vanilla Sugar</p> <p>MASTER FOODS All Purpose Seasoning Allspice Ground Basil Leaves Sweet Bay leaves Bouquet Garni (Sachet) Caraway Seeds Cayenne Pepper Ground Celery Salt Chilli Flakes Chilli Freshly Chopped Chillies Ground Chinese Five Spice Chives Chopped (Dried) Cardamom Ground Cinnamon Quills Cinnamon Sugar Cloves Coriander Leaves Cuisine Essentials Indian Cuisine Essentials Mexican Cumin Seed Ground Curry Powder Dill Green Tips Dill Leaf Tips French Gourmet Herbs Fresh Chopped Chilli Garlic Salt Seasoning Herb Pepper Seasoning Italian Herbs Lemon Pepper Seasoning Paprika Ground Parsley Leaves Pepper Ground Bulk Pepper Ground White Pepper Seasoning Sesame Seeds Spaghetti Bolognese Blend Tandoori Seasoning Turmeric Ground</p> <p>HONEY All Brands</p> <p>ICE BLOCKS See Ice Cream</p> <p>ICE CREAM-CONES BETTA Bena Cone Cup Carnival Cups Cornet Cones Cup Cones (Original Natural) Fan Wafers Honey Cones Kiddy Cups Mini Cones Tiny Treats Single Ice Cream Cones</p>
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Space Cones Square Cups MERLIN'S Cup Cones Single Cones Square Cup Cones PETERS Double Cones Giant Cones Single Cones THE SUPERCONE COMPANY Sundae Wafers Super Cones Super Top Ice Cream Cones Super Wafer Cups The Natural Cocoa Cone The Natural Ice Cream Cup Cone The Natural Ice Cream Cone The Natural Square Cup Cone The Natural Waffle Cone ICE CREAMS BILO Water Ice BLACK & GOLD All flavours in VIC & NSW DAIRY BELL Apricot Ribbon Blackberry Cappuccino Chocolate Chocolate Ribbon Citrapolitan Citrus Natural 94% Fat Free Natural Vanilla Neapolitan Strawberry Strawberry, Pineapple & Chocolate Vanilla FARMLAND Icy Pole Kool Tubes GOLDEN CREST Orange Juicys GOLDEN NORTH Giant Twins (contains approved and certified Halal gelatine) NATIONAL FOODS See GOLDEN NORTH NO FRILLS All Flavours in Victoria NO NAME All Flavours in Victoria NORGEN VAAZ Banana-Chocolate Ripple Double Swiss Chocolate Hazelnut Nougat New York Choc Chip Peach-Mango Strawberry Serenade Victina Coffee PAYLESS Water Ice PETERS BROWNES Connoisseurs	All varieties PETERS Crazy Critters Blue Lemonade Crazy Critters Crazy Orange Crazy Critters Raspberry Crazy Critters Screaming Soda Icy Poles Creaming Soda Icy Poles Lemonade Icy Poles Lime Spider Icy Poles Orange Icy Poles Pineapple Icy Poles Pineapple-Orange Icy Poles Raspberry SAVINGS Water Ice SHOPRITE Water ice STREETS Calipo Magnum Solaro Vienta SERENDIPITY ICE CREAM Chocolate Date Espresso Fig Honey Almond Pistachio Kulfi Rose Sesame SUNBURST REGENCY Sunny Boys Orange Sunny Boys Passionfruit Sunny Boys Cola Sunny Boys Lime Sunny Boys Razz Sunny Roller Fruit Tube Orange Fruit Tube Orange-Mango Ice Drops Bubble Gum Ice Drops Ice Drops Lime Ice Drops Multipack Ice Drops Raspberry Zooper Dooper Blackcurrant Zooper Looper Cola Zooper Dooper Lemon Zooper Dooper Lime Zooper Dooper Multipack Zooper Dooper Orange Zooper Dooper Raspberry SWAN All flavours VITARI Banana Strawberry Wildberry WHITE WINGS Alpine Cool Stick Fruity Freez Orange Fruity Freez Orange-Mango Fruity Free Tropical Funny Faces Kool Pops	ICE CREAM - SOFTSERVE NORCO All Flavours ICING Plastic and prepared icings are unacceptable. AUSTRALIAN BAKELS Fondant SNOWDROP Fondant JAMS See Conserves JELLY See BABY GEL and GELATINE. Use Agar, Vegetable Gum or Isinglass. SPC Jelly Fruit MARGARINE ALBA INDUSTRIES All Varieties BECCEL Becel Becel Diet Becel Lite Becel Spread ETA Eta 5 Star FARMLAND Salt Milk Cholesterol Free Polyunsaturated FLORA Cook'n Bake Country Style Flora Flora Canola Spread Flora Monosun Sunflower Spread Flora Sunflower Oil Flora Country Style Sunflower Flora Salt Reduced Sunflower Custilla Monarch Cake Margarine Perfex Margarine Royal Danish Margarine Solite Vegetable Vegetable Gilt Edge Margarine Calvay Flex Shortening Gateau Shortening Olivio Salt Reduced Spread Pride Margarine Salvina Oil Vantage Shortening MEADOW LEA Golden Pastures NUTLEX Polyunsaturated Table Margarine SAVINGS Polyunsaturated Table Margarine SUNDEN Polyunsaturated Salt Free Milk Free	MARMALADES See Conserves MARMITE SANITARIUM MASALA Chicken Tikka Dahl MAYONNAISE See SALAD DFESSINGS MEAT-FRESH See BUTCHERS. MEDICINES BOOTS Glucodin Powder Strepsils Antiseptic Throat Spray Strepsils Plain Strepsils with Honey & Lemon Strepsils with Vitamin C FAWNS & MCALLAN Parulgin FISONS Paraspen Suspension MILK - CONDENSED CARNATION Sweetened Condensed Milk Sweetened Condensed Skim Milk NESTLE Sweetened Condensed Skim Milk Sweetened Condensed Milk MILK - EVAPORATED BEAR BRAND Evaporated Milk Reduced Fat Evaporated Milk CARNATION Evaporated Milk Slender Reduced Fat Milk IDEAL Evaporated Milk MILK FLAVOURED DAIRY FARMERS Good One Carob Good One Milk & Honey Moove All Flavours Moove Long life UHT' Chocolate Moove Long life UHT Coffee Moove Long life UHT Strawberry Moove Long lite UHF Vanilla Malt HABERFILEDS DAIRY All Varieties NESTLE Milo Ready To Drink Quick Ready To Drink Chocolate Quick Ready To Drink Coco & Banana Quick Ready To Drink Strawberry
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<p>Quick Ready To Drink Vienna Coffee</p> <p>MARS Mars Milk Snack Milky Way Chocolate Whip Shake</p> <p>MILKY WAY Shake</p> <p>OVALTINE Ready To Go</p> <p>PAULS Breaka All Flavours</p> <p>SHAYKS Chocolate Strawberry</p> <p><u>MILK-FRESH</u> All unflavoured, plain, skimmed and long life milk in bottles, cartons or plastic containers.</p> <p>DAIRY FARMERS Hi-Lo Shape Skim Milk UHT Slum Milk</p> <p>HABERFIELDS All Varieties</p> <p>LITE WHITE Milk</p> <p>PETERS Skim Milk</p> <p>PHYSICAL Milk Skim Milk</p> <p>SHAPE Milk</p> <p>SKINNY Skim Milk</p> <p><u>MILK POWDERS</u></p> <p>BEGA Skim Milk Powder</p> <p>DEVONDALE Instant Non Fat Milk Powder</p> <p>FARMLAND Full Cream Instant Milk Powder Instant Non Fat Skim Milk</p> <p>MURRAY GOULBURN Skim Milk Powder</p> <p>PETERS Powdered Milk</p> <p>PETERS FARM Dutch Jug Dutch Jug Plus 7</p> <p>SUNSHINE Instant Full Cream Milk Powder</p> <p>UNIGATE Diploma Instant Milk Powder</p> <p><u>MILK - SKIMMED</u> See Milk Fresh ALL BRANDS</p> <p><u>MILK - SUBSTITUTES</u> BERRI</p>	<p>Soypreme Natural Soypreme Vanilla</p> <p>FARMLAND Soy Drink</p> <p>SANITARIUM So Good Honeycomb So Good Caramel So Good Jaffa So Good Strawberry So Good Unflavoured So Good Lite</p> <p>SUNGOLD Soy Drink</p> <p><u>MINERAL WATERS</u> ALL BRANDS</p> <p><u>MINERAL WATERS -FLAVOURED</u> ALL BRANDS</p> <p><u>MOUThWASHES</u> See toothpaste</p> <p>STERADENT Powder Tablets</p> <p><u>MUFFINS</u> MUFFIN BREAK VALLEY CENTRE</p> <p><u>MUESLI SLICES</u> UNCLE TOBY'S All Varieties</p> <p>WHOLESOME BAKE All Varieties</p> <p><u>MUSTARDS - POWDER</u> All brands</p> <p><u>MUSTARDS - PREPARED</u> EPIPURE French</p> <p>KEENS French</p> <p>MASTERFOODS American French German Hot English Mild English Tomato Wholegrain</p> <p><u>NOODLES</u> All brands without flavours</p> <p><u>NUTS - FRESH</u> All types</p> <p><u>NUTS - PACKED</u> ASIAN FOODS AUSTRALIA Spicy Macadamia</p> <p>BUSH TUCKER Bunya Bunya Nuts Macadamia Nuts</p> <p>INTERNATIONAL MACADAMIA</p>	<p>Macadamia Kernel Dry Roasted Macadamia Salted Dry Roasted Macadamia Unsalted</p> <p>NOBY'S Salted Beer Nuts Salted Cashews Salted Mixed Nuts Salted Peanuts Dry Roasted Peanuts Savoury Roasted Peanuts</p> <p>PEANUT COMPANY OF AUSTRALIA Peanut Meal Roasted Peanuts</p> <p>SANTOS Natural Nuts All Varieties</p> <p>SELECT HARVEST Roasted Blanched Slivered Almonds</p> <p>THE NUT STAND Dry Salted Nuts all Varieties Dry Roasted Nuts all Varieties</p> <p>STAHMANN FARMS Abalone Pecans Chicken Curry Pecans Chilli Pecans Cuttlefish Pecans Dry Roasted Nuts all Varieties Honey Roasted Nuts all Varieties Maple Flavoured Pecans Natural Edible Pecan Kernel Oriental Spice Pecan/Karubi Pecan Pecan Nut in a Shell Sugar & Cinnamon Pecans Sugar Coated Pecans</p> <p><u>PASTAS</u> JUST PASTA All Varieties</p> <p>LA TOSCA Capellira Fenuccine Lasagne Lasagne Sheet Lasagna Instant Lasagna Special Quadranti Tagliatelle Tagliatelle Rosse Tagliatelle Verde</p> <p>PASTA KITCHEN Dried Pasta Fresh Pasta Vegetarian Pasta Meat Pasta Chicken Pasta</p> <p>SAN REMO Alphabets Cannelloni Instant Egg Noodles Hearty all varieties Egg Noodles Nidi all varieties Egg Noodles with Spinach Elbows Eliche Grande Fettuccine Fettuccine with Egg Fettuccine with Spinach Gnocchi</p>	<p>Lasagna Spinach Lasagna Wavy Lasagna Traditional Instant Lasagna Wholemeal Curly Macaroni Macaroni Wholemeal Penne Rigati Rigatoni Risoni Shells All Sizes Spaghetti Flat Spaghetti Instant Spaghetti Thin Spaghetti Tubular Spaghetti Wholemeal Spirals Spirals wholemeal Tagliatelle With Egg Vegeroni Egg Noodles Vegeroni Spirals Vermicelli Vermicelli Egg Noodles</p> <p>SARA LEE Gourmet Vegetable Lasagna</p> <p>VETTA All plain pasta</p> <p><u>PASTES</u> ASIAN FOODS AUSTRALIA Curry Laksa Paste Malaysian Curry Paste Rendang Curry Paste</p> <p><u>PASTRY</u> See CAKES</p> <p>ANTONIOU Filo Kataifi</p> <p>CREATIVE GOURMET Single Serve Passionfruit Pavlova Single Serve Strawberry Pavlova</p> <p>I&J Country Light Natural Puff Pastry</p> <p>REAL TURKISH DELIGHT Baklava Chocolate Cakes</p> <p>TEE YIH JIA FOOD MANUFACTURE Spring Roll Pastry</p> <p><u>PATE</u> EVERYDAY PATE Mushroom Salmon</p> <p><u>PEANUT BUTTER</u> KRAFT All Varieties Sanitarium All Varieties</p> <p><u>PICKLES</u> ASIAN FOODS AUSTRALIA Lime Pickle Mango Chutney Mango Pickles</p>
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<p>4 SEASONS Eggplant & Peppers Gherkins Homestyle Gherkins Sweet Giardiniera Lupini Beans Olives Black Olives Green Onions Sweet Onions Homestyle Pickled Tomatoes in Salad Oil</p> <p>CEREBOS Fountain Fruit Chutney</p> <p>EPIPURE Capers Gherkin Spread Mustard Pickles Stuffed Olives Sweet Gherkins</p> <p>LEGGO Traditional Sweet Mustard Pickles</p> <p>MASTERFOODS Capers Corn & Chilli Relish Corn Relish Dill Cucumber Slices Dill Cucumber whole Farmhouse Relish Giardiniera Salad Mint Jelly Mustard Relish Spicy Fruit Relish Sweet Mustard Pickle Tomato & Chilli Pickle White Onions</p> <p>ROSELLA Fruit Chutney Fruit Chutney Low Joule Sweet Mustard Pickles Sweet Mustard Pickles Low Joules</p> <p>TASTY Banana Chillies Capers Cherry Hot Pepper Dill Cucumbers Gherkins Relish Gherkins Sour Gherkins Sweet Giardiniera Green Tomato Olives Black Olives Cocktail Olives Green Olives Green Olives Stuffed Onions Cocktail Onions Sour</p> <p>WHITE CROW Gherkins Sweet Spiced Mustard Pickle Olives Green Olives Stuffed Onions Cocktail Onions Pickled</p> <p>PIES</p>	<p>VILLI's PIES</p> <p>POTATOES-FRIES Avoid potato products containing tallow.</p> <p>PUDDINGS BETTY SYDNEY Instant Puddings all flavour COTTEES Instant puddings all flavours COUNTRY HARVEST Pudding Mix</p> <p>RICE-GRAINS All brands of plain & wild rice LEETON RICEGROWERS CO-OP All pre-steamed rice products UNCLE BEN Basmati Boil in bag Long Grain Long Grain & Wild Pure Wild Uncle Ben Rice Wholegrain Wild Rice Mix Natural</p> <p>RICE-CRISPS FARMLAND Plain HUNZA Plain LITE ENERGY Corn Plain Sesame PURE HARVEST Plain Sesame SUN RICE TORTILLA SENSATION Flamin'BBQ Nachos Cheese Red Chilli</p> <p>RICE PUDDING NATIONAL FOODS Le Rice</p> <p>SALAD DRESSINGS COUNTRY HARVEST Natural Soya Mayonnaise FOUNTAIN No Oil Salad Magic French Dressing No Oil Salad Magic Herb & Garlic No Oil Salad Magic Italian</p> <p>HEINZ English Style Salad Cream Mayonnaise</p> <p>KRAFT Coleslaw Dressing Coleslaw Dressing Spoonable Free Coleslaw Dressing Free French Dressing Free French & Herb Dressing Free Italian Dressing Free Mayonnaise Free Thousand Island Dressing</p>	<p>French & Herb Dressing French Herb & Garlic Dressing Garlic & Parsley Dressing Herb & Garlic Dressing Italian Dressing Light Coleslaw Dressing Light French Dressing Light Garlic & Parsley Dressing Light Herb & Garlic Dressing Light Italian Dressing Light Natural Mayonnaise Light Thousand Island Dressing Miracle Whip Natural Mayonnaise Low Oil Nat. Mayo. Low Oil No Added Salt Thousand Island Dressing Spoonable</p> <p>MASTERFOODS Dressing French Italian Mayonnaise Classic Homestyle Salad Dressing Coleslaw Squeeze On French Dressing Tartare Thousand Island Yoghurt & Dill</p> <p>PRADISE Lifestyle Coleslaw Lifestyle Mayonnaise Light Coleslaw Light Mayonnaise Traditional Mayonnaise</p> <p>SALADS - PREPARED HEINZ Coleslaw Salad Potato Salad Potato Salad Chunky Potato Salad Country Style Traditional Vegetable Salad</p> <p>MASTERFOOD Bean N Corn Salad Mixed Bean Salad Mixed Bean Salad in Oil & Vinegar Mixed Veg Salad in French dressing Rice Salad Tropical Salad Vegetable & Pasta Salad Zucchini Salad</p> <p>SALSAS MASTERFOODS Original Salsa Spicy Original Salsa</p> <p>SALT SUBSTITUTES CEREBOS Light Salt DIET RITE FOODS</p>	<p>Lite Salt</p> <p>SALT - COOKINGS All brands</p> <p>SALT - ROCK All brands</p> <p>SALT - TABLE All Brands</p> <p>SAUCES 4 SEASONS Horseradish Sauce ETA Barbecue Sauce FARMLAND Tomato Sauce Tomato Sauce No Added Salt HEINZ Tomato Sauce Tomato Ketchup IXL Tomato Sauce KIKKOMAN Soy Sauce KRAFT Tartare Sauce LETONA Apple Sauce MANDARIN FOOD CO Black Bean Paste Hoi Sin Sauce Mushroom Sauce Soy Bean Paste Soy Sauce MASSEL Sauces MASTERFOODS Barbeque Sauce B.B.Q. Rib Sauce Chilli Sauce Mint Jelly Satay Sauce Seafood Cocktail Sauce Spicy Tomato ketchup Squeeze On BBQ Sauce Squeeze On Seafood Dressing Squeeze on Tomato Sauce Squeeze on Tomato & Chilli Sauce Squeeze on Tomato & Mustard Sauce Tartare Sauce Worcestershire Sauce TIAMO Bolognese Garlic Bolognese Italian Herbs Bolognese DOLMIO Capsicum & Chilli Capsicum & Garlic Chunky Garden Vegetables Eggplant, Capsicum & Shallot Extra Garlic Farmhouse Veg</p>
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<p>Olives & Mushroom Onion & Mushroom Pesto with Sundried Tomatoes Roast Capsicum Pesto Spicy Peppers Tomato Onion & Garlic Traditional Mushroom Traditional Tomato</p> <p>MCWLIENNY & CO Tabasco Sauce</p> <p>NEWMANS Worcestershire Sauce</p> <p>OCEAN SPRAY Cranberry Sauce</p> <p>ROSELLA Tomato Sauce Tomato Sauce Low Joule Tomato Sauce No Added Salt</p> <p>SANITARIUM Gravy Quik</p> <p>SPC Chunk Style Apple Sauce Home Style Apricot Sauce Traditional Apple Sauce</p> <p>WEIGHT WATCHERS Tomato Sauce</p> <p>SAUSAGES See BUTCHERS</p> <p>SEASONING ASIAN FOODS AUSTRALIA Singapore Noodle Seasoning</p> <p>KEEN Curry Madras Curry</p> <p>MCCORMICK Curry Mince Seasoning Hamburger Mince Seasoning Savoury Mince Seasoning</p> <p>SMALLGOODS See BUTCHERS. FAISEL SMALLGOODS (Melbourne) All variety</p> <p>SPIESS AUSTRALIA Air-dried Beef</p> <p>SYDNEY SMALL GOODS All Products</p> <p>SOAPS See Cosmetics ALL BRANDS REXONA Dove</p> <p>SOY MILK See MILK SUBSTITUTES</p> <p>SOUPS - TINNED HEINZ Tomato Condensed Soup Tomato Condensed Soup Reduced Salt</p>	<p>Vegetable Condensed Soup</p> <p>SPICES See Herbs & Spices</p> <p>SPREADS See PEANUT BUTTER, HONEY & VEGEMITE. FERRERRO Nutella MONBULK Lemon Spread SANATARIUM Honey Marmite Peanut Butter Vitamite</p> <p>STOCK PODRAVKA INTERNATIONAL Chicken Stock Powder Gourmet Stock Powder Seafood Stock Powder MASELL All Varieties</p> <p>SUGAR All types of sugars including white and icing are Halal. Plastic icing and prepared icings are not approved See ICING and SUGAR SYRUPS SUGAR SUBSTITUTES ABBOT Sucaryl Liquid Sucaryl Sachets Sucaryl Tablets BOOTS Dimins Tablets Sugarine Liquid FAULDING Liquid Saccharin Liquid Sugarella</p> <p>SUGAR SYRUPS CSR Golden Syrup Molasses Treachle LOG CABIN Maple Flavoured Syrup MASTERFOODS Maple Flavoured Syrup</p> <p>SWEETS Sweets containing gelatine are not approved. ALLEN'S Butter Menthol BARRAT'S Barley Sugar GILSEAL Barley Sugar MASTERCRAFT Barley Sugar MASTERFOOD</p>	<p>100's & 1000's PASCALL Barley Sugar Country Mint Fruit Bonbons Fruit Drops Jelly Beans REAL TURKISH DELIGHT Boiled Sweets ROWNTREE - HOADELY Throaties Stick Pack SCANLEN Barley Sugar SUN Almond & Honey Bar Cashew Bar Hazelnut Bar Macadamia Bar Peanut Bar Sunflower & Nut Bar TIC TAC All flavours</p> <p>TAKE AWAY See list of establishment for your state.</p> <p>TEAS All Brands of: Bags Instant Leaves TEAS - HERBAL All Flavours from: Celestial Seasoning Lipton Milford Natureland Twinings</p> <p>TOMATO PRODUCTS See VEGETABLES - TINNED ARDMONA Peeled Tomatoes Tomato Magic Tomato Magic Italian Style BERRI Whole Peeled Tomato EDGEL Peeled Tomatoes Tomato Puree Tomato Pieces Whole Tomatoes FARMLAND Tomato Paste GOULBURN VALLEY Peeled Tomatoes HEINZ Tomato Paste Whole Peeled Tomatoes IXL No Waste Tomato Paste Sachets Tomato Paste LEGGO'S Diced Tomatoes with Onions & Herbs</p>	<p>Tomato Paste Tomato Paste with Onions & Herbs Tomato Puree LETONA Tomato Paste Tomato Puree Tomatoes MACQUARIE FOODS Sun Ripened Dried Tomatoes SPC Peeled Tomatoes Tomato & Onion Capellery Tomato Puree</p> <p>TOOTHPASTES See Mouthwashes AIM Original Fresh Mint Minty Gel Gum Health CLOSE UP Red Green Icy Mint COLGATE All Varieties HERBON Herbal Toothpaste IPANA Mint Toothpaste Regular Floored Toothpaste MACLEANS Bubble Mirit for Kids Gel-Stripe Toothpaste Triple Stripe Toothpaste</p> <p>TOPPINGS COTTEES All toppings except Ice Magic DICKSON'S All flavours FARMLAND Caramel Chocolate Strawberry MAYNOR Caramel Chocolate Strawberry WEIGHT WATCHERS All flavours</p> <p>TURKISH DELIGHT REAL TURKISH DELIGHT Turkish delight</p> <p>VEGEMITE KRAFT</p> <p>VEGETABLE OILS ALL BRANDS: Blended Vegetable oil Canola Light Canola</p>
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Maize Olive Peanut Safflower Soybean Sunflower	Four Bean Mix Green Beans Cross Cuts Green Beans Sliced Green Peas Green Peas No Added Salt Mixed Vegetables Mushrooms Sliced in Brine Peas & Carrots Potatoes Whole Red Cabbage Red Kidney Beans Sauerkraut Seasoned Green Beans Tiny Tatlers	All Brands
<u>VEGETABLE SHORTENING</u> Vegetable shortenings may contain animal fat	FARMLAND (Including no added salt) Asparagus Baby Carrots Baked Beans in Tomato sauce Creamed Corn Green Beans Green Peas Peeled Tomatoes Sliced Beetroot Sliced Mushrooms in Butter Sauce Sweet Corn Creamed Sweet Corn Whole Kernel	<u>YOGURTS PLAIN</u> See BABY YOGHURT DESSERTS All Brands of Plain, Natural and Acidophilus BAS FOODS (AUST) Natural Yoghurt BURRA Thick Yoghurt IDEAL DAIRY Natural Yoghurt NATIONAL FOODS Greek Lite Greek Yogurt NAT SET White Yogo Yo Plus Light Yo Plus Regular
<u>VEGETABLES - DRIED</u> All Brands	GOLDEN CIRCLE Baby Carrots Beans Beetroot Corn Creamed Corn Whole Kernel Peas Sliced Beetroot Sliced Cucumber	<u>YOGURTS - FLAVOURED</u> Flavoured yoghurts containing gelatine are not approved even if marked Halal unless the yoghurt carries Halal Certification. ATTIKI All Yoghurt Products JALNA Honey Yoghurt Natural Non Fat Yoghurt Premium Brand Creamy Yoghurt Vanilla Yoghurt PETERS FARM Natural Honey Yoghurt Vanilla Yoghurt WEIGHT WATCHERS Natural Yoghurt
<u>VEGETABLES - FRESH</u> All Varieties	MASTERFOODS Corn Kernels Red Kidney Beans Soy Beans Three Beans Mix	<u>YOGHURTS FROZEN</u> CAPE BYRON SUPREME RICHMOND
<u>VEGETABLES - FROZEN</u> Avoid frozen prepared potato products containing tallow.	MOUNTAIN MAID Asparagus Asparagus Cuts Asparagus Spears Asparagus Tips Baked Beans Corn Niblets Potatoes Ratatouille	
BIRDS EYE All products except rice originals	WINDSOR FARM Sliced Mushroom in Butter Sauce	
CHEFF'S PRIDE Asparagus Spears IQF Whole Baby Corn	<u>VINEGAR</u> All Brands	
COPPER KETTLE All products Halal except: Cauliflower with White Sauce Peas with White Sauce Stir Fry Vegetables	<u>VITAMITE</u> SANITARIUM	
EDGE L L All products	<u>WASHING DETERGENTS</u> ALL BRANDS	
FABULOUS All products	<u>YEAST-DRIED</u> TANDACO	
GREEN VALLEY All Products	<u>YEAST - FRESH</u>	
WOOLWORTHS All Products		
<u>VEGETABLES - PROCESSED</u>		
DEWCRISP Chopped Onions Vegetable Mix Vegetable Mix with Noodles		
<u>VEGETABLES - TINNED</u> See Tomato Products		
EDGE L L Asparagus Cuts Asparagus Spears Baked Beans in Tomato Sauce Beetroot Baby Beetroot Crinkle Cut Beetroot Homestyle Beetroot Sliced Butter Beans Capsicum Carrots Baby Carrots sliced Carrots Julienne Carrots No Added Salt Carrots Whole Corn Creamed Corn Kernel Corn Whole		

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